

Master your Energy – Master your Life:

Understanding Change Through the Chakras

Lydia Van den Broeck, Ph.D.

The focus is on CHANGE.

We want change. We fear change.

We will address the ambivalence of wanting change and simultaneously rejecting change.

This dichotomy is expressed in the body and will show up in your life experience.

How energy flows determines the outcome. What change do you want to create? How do you want this change to show up in your life?

As we heal the imprints on the chakras, the heart opens and obstacle are removed.

Theosophical Society

Open House

Date September 11, 2010

Time 10 am –6 pm

Lydia will talk at 4 pm

1926 N, Main St, Wheaton, IL

630-668-1571



Lydia Van den Broeck, Ph.D. brings a lifetime of dedication, education and experiences to her work as a spiritual teacher and facilitator of healing. She developed the Energy Mastery processes to guide individuals to transform energy drains into energy gains.